



The Story of Bethshuka

This graceful story is perfect for accompanying any birch related activity or to bring attention to birch trees and their gifts. It has a magical, joyful feel to it.

Duration

Allow 10-15 minutes for telling this story

Bare Bones

- Bethshuka lived in a tumble down cottage in the mountain foothills with her mother.
- They had a small flock of goats. Between the last frost of winter and the first frost of autumn, each morning Bethshuka lead the goats to feed in the pastures.
- She always took some flax to spin and once the goats were settled, she would sit in her favourite place in amongst a beautiful stand of birch trees.
- She sang as she spun, and when finished she would spend the rest of the day dancing through the birch trees.
- One day she had sat down to spin when a mysterious talk woman appeared dressed in white and with long dark hair, tinged with purple.
- She complimented Bethsuka's dancing and invited her to dance together.
- Bethshuka was worried about leaving the spinning but was reassured.
- They danced and danced all the day and Bethshuka felt as if they danced to the tree tops and that beautiful music was playing.
- The sun began to set and Bethsuka hurried home with no flax. Her mother noticed but did not mention it.
- The same thing happened the next day and the woman and Bethshuka danced. As the sun began to set, Bethsuka as concerned about the flax. The woman picked it up and began to spin. Very quickly it was done and was so incredibly fine.
- She took the flax home and her mother marvelled at the fineness of the thread but again said nothing.
- Once again the next day she met the woman and they danced and she spun the flax once more. When leaving, the woman gave her a gift of dried birch leaves in a pouch. Bethshuka thanked her and left.
- At home she told her mother everything that had happened and her mother was surprised, saying that Bethshuka had met the lady of the woods which was a great blessing.
- Bethshuka tipped out the dried birch leaves but they had now turned to solid gold.

Disclaimer: The advice in this guide is considered to be correct at the time of writing, but Red Squirrel Resources accept no liability for actions inspired by these resources.

- Occasionally Bethsuka would meet the woman in the birches, but even if she did not see her, she felt she was there.

Invisible Learning

- Connection to birch trees
- Connection to magical realms
- Interspecies communication

Links

- Birch Song
- Birch Tree Lore
- Spring Equinox
- Birch Sap Tapping

Tags

- Birch, Magic, Generosity, Story